

Nancy Freeborne, DrPH , MPH, PA

Adjunct Faculty
Department of Health Administration and Policy
George Mason University
4400 University Drive, MS 1J3
Fairfax, VA 22030-4444

Health Resources and Services Administration
Bureau of Primary Health Care Consultant
Management Solutions Consulting Group

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SUMMARY OF QUALIFICATIONS/CHARACTERISTICS

- Consensus-builder among diverse stakeholders
- Quick visual and auditory learner, able to carefully digest and synthesize key issues
- Effective decision-maker and manager
- Broad-based knowledge of the U.S. healthcare system, public health system, and higher educational system
- Strong verbal and written communicator
- Community-health oriented
- Interested in scientific inquiry and social science research

CURRENT POSITION

Clinical Consultant, Management Solutions Consulting Group 2017-present

Participate in Operational Site Visits at Federally Qualified Health Centers as a sub-contractor for the Bureau of Primary Health Care of Health Resources Services Administration (HRSA). Assess and comment upon health centers' ability to serve low-income and other vulnerable populations.

ADMINISTRATIVE EXPERIENCE

Director of Operations, Greater Prince William Community Health Center 2015-2016

Oversaw operations at a regional Federally Qualified Health Center which included supervising five managers and indirectly supervising 25 staff. Responsible for three clinics, call center, medical records, and outreach and enrollment. Successfully

prepared for and participated in HRSA Operational Site Visit, gathering documents to support compliance with the 19 Federal program requirements, focusing on the materials that related to clinical and administrative operations. With colleagues, successfully obtained and managed grants from local funders (Potomac Health Foundation, Virginia Health Care Foundation, Northern Virginia Health Foundation). Served as Compliance Officer.

Chairperson, Faculty Council, College of Health and Human Services,
George Mason University 2014-2015

Liaison to College Dean; organized all-faculty meetings for approximately 110 full-time faculty; in 2015 updated the College bylaws and handled a complex grievance while planning revision of faculty annual review documents.

Acting Deputy Chairperson, Global and Community Health,
George Mason University 2012-2014

Hired and mentored approximately 25 adjunct instructors who serve the Department: along with Graduate Director and Acting Chairperson planned for delivery of multiple sections of courses to serve over 400 undergraduate and 100 graduate students; participated in decisions on behalf of the College of Health and Human Services at Administrative Council meetings; participated in successful accreditation of Master of Public Health program; managed budget of \$2.5 million as delegated by Acting Chair

Undergraduate Coordinator, Global and Community Health,
George Mason University 2011-2015

With undergraduate committee, re-structured B.S. in Community Health curriculum; monitored delivery of 20-25 courses each semester; supervised academic advising for 470 undergraduate students, personally advising 150 students each year; grew program from 50-470 students in five years

Program ranked nationally as # 10 for Undergraduate Programs in Public Health by USA Today April 2015

ISCOPE Program Director, George Washington University Medical Center 2001-2006

Directed an interdisciplinary program for medical, physician assistant, nurse practitioner, health services management, physical therapy and Master of Public Health students who practiced service-learning activities in Washington, DC communities. Community liaisons included Bread-for-the-City, Miriam's Kitchen, & Mary's Center; managed a budget of \$90,000

EDUCATION

Doctor of Public Health, George Washington University, Concentration in Health Behavior
Advisor, Dr. Richard Windsor. Dissertation Defense—July 8th, 2009; Dissertation Topic:
*Perceived Social Support and Cardiovascular Risk the Women’s Health Initiative Observational
Study*

Master of Public Health, George Washington University. Concentration in Health
Administration, 1994. Advisor: Dr. Bernard Horak.

Bachelor of Science, George Washington University, Health Sciences-Physician Assistant, 1985.
Graduated With Distinction.

Bachelor of Arts, Biology, Lafayette College, 1983.

*Honors in Biology

*David Fowler Atkins Jr. Prize--for the student who, in their work in their Junior or Senior Year,
gives promise of future usefulness in service to religious communities

*George Wharton Pepper Prize nominee (prize for the most ideal Lafayette student who combines
a sound academic record and noteworthy participation in college activities.)

ACADEMIC PROFESSIONAL EXPERIENCE

Assistant Professor, George Mason University, 2009-2015
Global and Community Health

Acting Deputy Chairperson--served in this role during a time of transition 2012-2014
in the Department; liaison with Fairfax County Department of Health,
served on two Partnership-for-Healthier-Fairfax strategic issues teams;
represented the Department to College and University stakeholders

Undergraduate Director--initiated curriculum and other changes to the 2011-2015
Bachelors of Community Health; taught GCH 310 Health Behavior Theories,
GCH 445 Social Determinants of Health, GCH 465 Community Health
Capstone (syllabi and course evaluations available upon request); advised
and coordinated academic advising for undergraduates

Community Health Internship Coordinator 2009-2015
Supervised community health interns (GCH 498), facilitated
internship seminar; Interim MPH practicum coordinator-2010, 2013

Service:

*CHHS Faculty Council 2013-2014

*GCH Strategic Plan Committee 2014-2015

*GCH Governance Committee	2014-2015
*Undergraduate Program Committee	2011-2015
*MPH Program Committee	2009-2010
*Faculty Search Committees: five searches since 2009	
Adjunct Faculty , George Mason University, Health Administration and Policy	2007-2009; 2015-present
Teach undergraduates: HAP 301—Introduction to Healthcare Delivery in United States; curriculum development for HAP 725 Statistics Process Control for Healthcare Managers (Syllabi and evaluations available upon request.)	
Associate Clinical Professor , George Washington University, Health Science Programs/Health Care Sciences including directorship of ISCOPEs Community Service Outreach Program for GWUMC	1998-2006
Clinical Leadership Program: George Washington University Health Science Programs, Undergraduate and Master Degree distant education programs.	2001-2009
<u>Courses:</u> Biomedical Ethics, Healthcare Leadership, Issues and Trends in Healthcare, Trends and Innovations in Health, Health Promotion/Disease Prevention, Independent Study. (Syllabi and evaluations available on request).	
Physician Assistant Program: Masters Degree program	1997-2001
Oversaw community outreach; participated in site visits of students; Organized Annual CME conference	
<u>Courses:</u> Community Service Curriculum, Clinical Assessment, select women's health and geriatrics lectures	
Assistant Clinical Professor	1993-1998
Adjunct Assistant Clinical Professor	1992-1993
The George Washington University Medical Center Washington, DC	
Precepted physician assistant students during their geriatric rotations. Instructed physician assistant, nurse practitioner, medical students, and primary care resident physicians in geriatrics.	

Lecturer

1988- 1989

Yale University School of Medicine
New Haven, Connecticut

Supervised physician assistant students during their geriatric rotations at the Veterans Administration Medical Center affiliated with Yale University

CLINICAL EXPERIENCE

Internal Medicine Physician Assistant, George Washington University Student Health, George Washington University, Washington, DC

2006-2014
(per diem)

Evaluated and treated undergraduate and graduate students who presented with illnesses and injuries; performed physical exams on students and instructed them on prevention of illness

Internal Medicine Physician Assistant, Internal Medicine Private Practice
Dr. Shepard, Dr. Lugerner
2021 K Street, NW, Ste 310
Washington, DC

1995-2004

Practiced part-time as a PA in an internal medicine practice. Performed physical exams on well patients, as well as examined and provided primary care to ill patients. Specialties included geriatrics and women's health. Sub-investigator Phase II-IV industry sponsored clinical trials.

The George Washington University Medical Center: Geriatrics, Adult Medicine
21st and I Streets, NW
Washington, DC

1989- 1995

Managed geriatric patients in an outpatient setting which included diagnosing and treating medical problems such as congestive heart failure, osteoarthritis, and dementia. Supervised clinic staff as clinic manager.

Housestaff Medical Physician Assistant
Greater Southeast Community Hospital
Washington, DC

1989-1991
(Per diem)

Practiced as medical housestaff by medically managing acutely ill patients, supervising resuscitation efforts, performing pre-surgical histories and physicals on newly admitted patients, and inserting central venous lines.

Geriatric Evaluation Coordinator 1987- 1989
Veterans Administration Medical Center
West Haven, Connecticut

Conducted admission history and physical exams, developed treatment plans, and provided ongoing care for patients on a Geriatric Evaluation Unit. Led bi-weekly patient care conferences and managed patients in a weekly outpatient clinic.

Housestaff Medical Physician Assistant 1985-1987
Hospital of Saint Raphael
New Haven, Connecticut

Performed admission history and physicals on inpatients and medically managed them under the supervision of an attending doctor who was off-site.

CLINICAL RESEARCH EXPERIENCE

Millennium Clinical Research Center 1995-2008
3801 N. Fairfax Drive, Suite 20
Arlington, VA 22203;
2021 K Street, NW, Suite 310
Washington DC 20006

Sub-investigator Phase II-IV industry sponsored clinical trials. Performed pre- & post- study history and physicals. Evaluated patients for adverse events.

Research Physician Assistant 1995-2005
The George Washington University Medical Center
Washington, DC

Worked part time following post-menopausal women in the Women's Health Initiative, a clinical trial and observational study researching the effects of diet, hormones, calcium and vitamin D on the risk of colon cancer, breast cancer, heart disease, and osteoporosis. Liaison for ancillary clinical trial evaluating the effects of hormones in delaying or preventing the onset of dementia.

Cholesterol Reduction in Seniors Program

The George Washington University Medical Center
Washington, DC

1991 - 1992
(Per diem)

Screened subjects for eligibility in a cholesterol research study; performed histories and physical exams, mental status testing, and functional assessment on eligible subjects; monitored for drug side effects; and followed subjects to clinical endpoints.

Depression in the Elderly Clinical Drug Trial

The George Washington University Medical Center
Washington, DC

1990 - 1991
(Per diem)

Performed histories and physical exams on subjects prior to and after their participation in a drug trial for depression.

PUBLICATIONS

Referred Journal Articles:

Barnato, A. Labor, R. **Freeborne, N.**, Jayes, R. Campbell, J. & Lynn, J. Qualitative Analysis of Medicare Claims in the Last 3 Years of Life: A Pilot Study. *Journal of the American Geriatrics Society* 2005; **53**:1, 66-73

Freeborne, N., Lynn, J., & Desbiens, NA. Insights About Dying from the SUPPORT Project. *Journal of the American Geriatrics Society* 2000; 48(5): S1999-205.

Freeborne, N. The Collected Reports from SUPPORT and HELP: An Annotated Bibliography of Manuscripts in print as of December 31, 1999, and SUPPORT Prognostic Formulas. *Journal of the American Geriatrics Society* 2000; 48(5): S222-233

Freeborne, N. Alzheimer's Disease: The Possibility of Prevention and Early Treatment. *Journal of the American Academy of Physician Assistants* 2000; 13 (4):32-38.

Freeborne, N. The Functionally Oriented Assessment of the Geriatric Patient *Journal of the American Academy of Physician Assistants* 1994; 7 (3):158-66.

Freeborne, N. Overhauling an Old Engine. *Journal of the American Academy of Physician Assistants* 1990; 3 (6):482-83.

Fried, B, **Freeborne, N.** Effects of *Echinostoma Revolutum* (Trematoda) Adults on Various Dimensions of the Chicken Intestine, and Observation on Worm Crowding *Proceedings of the Helminthological Society of Washington*. 1984; 51(2):297-300.

Book Chapters:

Merrill, R., Frankenfeld, C., Mink, M. & **N.Freeborne.** *Behavioral Epidemiology*. Jones & Bartlett Learning (2015)

Conference Proceedings:

Freeborne, N. *Lessons Learned re: Undergraduate Community Health Advising.*

Association of Schools and Programs of Public Health Annual Meeting in Arlington, VA March 2015

Poms, L. & Freeborne, N. *Senior Community Health Capstone.*

Association of Schools and Programs of Public Health Annual Meeting in Arlington, VA March 2015

Freeborne, N., Poms, L, Litsch, T., Marmagas, S. Gates, M. & Pawlowski, L. *A Descriptive Analysis of Public Health Career Choices among students, educators, and school counselors: Implications for increasing knowledge of and strengthening pipelines to health career options.* American Public Health Association annual meeting in Boston, MA. November 2013

Freeborne, N., Scheer, J. & Gold, K. *Ties that Bind: Communities in Partnership with an Interdisciplinary Service Learning Program.* Community-Campus Partnerships for Health meeting, June 2006.

Additional Articles:

Freeborne, N. Clinical Challenge. *The Clinical Advisor.* 1998; 1 (9): 14-16.

Freeborne, N. Guest Editor and Editorial. *Journal of the American Academy of Physician Assistants.* 1997; 10 (4).

Invited Talks:

Social Support's influence on Team Strength, Team Energy, and Team Creativity via enhancement of Team Members' Neuroendocrine Biological Systems, Leading to Wellbeing Conference, April 2017

Community Health and Well-Being, Center for Advancement of Well-being Brown Bag Series, October 2015.

Social Support in the Women's Health Initiative, George Mason University, Organization Development and Knowledge Management Learning Community Seminar, November 2014.

Treating the Symptomatic Perimenopausal Woman, American Academy of Physician Assistants Annual Conference, May 2006.

Non-pain Symptoms of Dying, American Academy of Physician Assistants Annual Conference, May 2001.

Safety in Aging, American Academy of Physician Assistants Annual Conference, May 2000.

Functional Assessment of the Geriatric Patient, American Academy of Physician Assistants Annual Conference, May 1996, May 1992.

Healthy Aging, presentations given quarterly to government employees on nutrition, exercise, and stress reduction, 1992 - 1998

Grand Rounds: Physiology of Aging, Doctors Hospital, Lanham, MD, January 1993

AWARDS

George Mason University

*Office of Student Scholarship, Creative Activities and Research (OSCAR)
Mentoring Excellence Award for mentoring an Undergraduate in research 2015

*Nominated for University Undergraduate Academic Advisor-2011;
2012 (top ten), 2013 (top ten), 2014, 2015

Fannie Mae Foundation Help the Homeless Good Neighbor Award 2005

GRANTS

Co-Principal Investigator

Commonwealth Public Health Training Center Grant: HRSA-10-270 2010-2014

Collaborated with Virginia Tech and University of Virginia on project to promote public health careers to high school students in the Commonwealth Virginia.

Served on Commonwealth Public Health Training Center (PHTC)
Steering Committee which oversaw public health projects
and practica in the Commonwealth of Virginia

Community-Based Project Grant from the Physician Assistant Foundation 1999
(See Community Service Section)-used funds to start a foot clinic for the homeless of Washington, DC

AFFILIATIONS

Member: Society for Public Health Education 2010-2014

Member: American Association of Colleges and Universities 2010-2015

Member: American Geriatrics Society 1999-2011

Member: American Public Health Association, Aging section 1998-2016

Member: American Academy of Physician Assistants 1983-present

Peer Reviewer and Guest Editor:
Journal of the American Academy of Physician Assistants 1991-present

RELEVANT COMMUNITY SERVICE & LEADERSHIP

Society of Public Health Education
Co-Chair of Annual Meeting Social and Logistics Committee 2010--2011

Foot Clinic for the Homeless, Miriam's Kitchen,
Western Presbyterian Church. Washington, DC 1999-2008

Provided monthly foot clinic for homeless men and women who attended a breakfast program for the underserved. Mentored Physician Assistant students at this clinic.

Fairfax Presbyterian Church, Fairfax, Virginia
Health Ministry Team 2007-present

Calvary Presbyterian Church, Alexandria, Virginia
Coordinator of Parenting Program 1990-2000

American Academy of Physician Assistants, Alexandria, Virginia
Represented constituent groups at AAPA/SAAPA 1984, 2001